

CRISIS RESOURCES



SHEBOYGAN COUNTY MOBILE CRISIS TEAM

*24/7 mental health emergency and
suicide prevention support.*

(920) 459-3151

NATIONAL SUICIDE PREVENTION LIFELINE

*24/7 free and confidential support for people
in suicidal crisis or emotional distress.*

1 (800) 273-8255

www.suicidepreventionlifeline.org

*If you call **911** for a mental health emergency, ask for an officer that has completed **Crisis Intervention Training (CIT)**. These officers have had additional training in working through crisis situations.

HSHS ST. NICHOLAS HOSPITAL

*Individuals struggling with a mental
health emergency are always
encouraged to present themselves at
the nearest hospital.*

3100 Superior Avenue
Sheboygan, WI 53081
(920) 459-8300

www.stnicholashospital.org

AURORA MEMORIAL MEDICAL CENTER

*Individuals struggling with a mental health
emergency are always encouraged to
present themselves at the nearest
hospital. *Please note: Aurora has an
inpatient behavioral health unit.*

2629 N 7th St., Sheboygan, WI 53083
(920) 451-5000

<https://bit.ly/ShebCoAuroraMedical>

SAFE HARBOR OF SHEBOYGAN

*24-7 helpline, shelter, and support services for
victims of domestic violence and/or sexual assault.*

(920) 452-7640

www.sheboygansafeharbor.org

24/7 CRISIS TEXT LINE

24/7 free emotional support text line.

Text MHA to 741741

Please see reverse side for additional support resources.

EMOTIONAL SUPPORT RESOURCES



RUNAWAY & YOUTH SERVICES (RAYS)

Drop-in center, food pantry, clothing boutique, one on one and group counseling.

706 N. 9th St. Sheboygan, WI 53081
(920) 458-7100
www.lsswis.org

SHEBOYGAN CO. HEALTH & HUMAN SERVICES

Information & assistance for HHS & community resources.

(920) 459-6400
<https://bit.ly/ShebCoHHS>

NATIONAL DOMESTIC VIOLENCE HOTLINE

1 (800) 799-SAFE (7233) or Text 22522
www.thehotline.org

TO WRITE LOVE ON HER ARMS

Dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury, and suicide.

(800) 273-8255
www.twloha.com

THE TREVOR PROJECT

National organization providing crisis intervention and suicide prevention service to gay, lesbian, bisexual, transgender, and questioning youth.

Text "TREVOR" to (202) 304-1200
(866) 488-7386
www.thetrevorproject.org

LGBT NATIONAL HELP CENTER

Safe place for youth and adults to discuss issues of sexual orientation and/or gender identity. Youth talkline, online chat, largest collection of LGBT resources.

(888) 843-3951
www.lgbthotline.org

MENTAL HEALTH AMERICA IN SHEBOYGAN COUNTY

Information & confidential referrals to local mental health resources.



(920) 458-3951
info@mhasheboygan.org
www.mhasheboygan.org

