

# EMOTIONAL SUPPORT & CRISIS RESOURCES



## **SHEBOYGAN COUNTY MOBILE CRISIS TEAM**

*24/7 mental health emergency and  
suicide prevention support.*

(920) 459-3151

## **NATIONAL SUICIDE PREVENTION LIFELINE**

*24/7 free and confidential support for people  
in suicidal crisis or emotional distress.*

(800) 273-8255

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

\*If you call **911** for a mental health emergency, ask for an officer that has completed **Crisis Intervention Training (CIT)**. These officers have had additional training in working through crisis situations.

## **NATIONAL CHILD ABUSE HOTLINE**

(800) 422-4453

[www.childhelp.org](http://www.childhelp.org)

## **RAPE, ABUSE & INCEST NATIONAL NETWORK (RAINN)**

(800) 656-HOPE (4673)

[www.rainn.org](http://www.rainn.org)

## **TRANS LIFELINE**

(877) 565-8860

[www.translifeline.org](http://www.translifeline.org)

## **24/7 CRISIS TEXT LINE**

*24/7 free emotional support text line.*

**Text MHA to 741741**

## **NATIONAL DOMESTIC VIOLENCE HOTLINE**

1 (800) 799-SAFE (7233)

Text "START" to 88788

[www.thehotline.org](http://www.thehotline.org)

## **THE TREVOR PROJECT**

Text "START" to 678-678

(866) 488-7386

[www.thetrevorproject.org](http://www.thetrevorproject.org)

## **VETERANS CRISIS LINE**

(800) 273-8255 and press 1

Text 838-255

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)

***Please see reverse side for additional support resources.***

To search & print portions of MHA in Sheboygan County's complete Community Mental Health Directory for therapists and organizations, please visit MHA's website at [www.mhasheboygan.org](http://www.mhasheboygan.org).

# EMOTIONAL SUPPORT & CRISIS RESOURCES



## HSHS ST. NICHOLAS HOSPITAL

3100 Superior Avenue  
Sheboygan, WI 53081  
(920) 459-8300

[www.stnicholashospital.org](http://www.stnicholashospital.org)

## AURORA MEMORIAL MEDICAL CENTER

2629 N 7th St.  
Sheboygan, WI 53083  
(920) 451-5000

[bit.ly/ShebCoAuroraMedical](http://bit.ly/ShebCoAuroraMedical)

Individuals struggling with a mental health emergency are always encouraged to present themselves at the nearest hospital. \*Please note: Aurora has an inpatient behavioral health unit.

## ROGERS BEHAVIORAL HEALTH

(800) 767-4411  
[www.rogersbh.org](http://www.rogersbh.org)

## WILLOW CREEK BEHAVIORAL HEALTH

(844) 308-5050  
[www.willowcreekbh.com](http://www.willowcreekbh.com)

Both facilities have programs designed to support individuals who are struggling. Both support inpatient and outpatient programs and can work with a range of ages.

## SAFE HARBOR OF SHEBOYGAN

24-7 helpline, shelter, and support services for victims of domestic violence and/or sexual assault.

(920) 452-7640  
[www.sheboygansafeharbor.org](http://www.sheboygansafeharbor.org)

## SHEBOYGAN CO. HEALTH & HUMAN SERVICES

Information & assistance for HHS & community resources.

(920) 459-6400  
[bit.ly/ShebCoHHS](http://bit.ly/ShebCoHHS)

## MENTAL HEALTH AMERICA IN SHEBOYGAN COUNTY

Information & confidential referrals to local mental health resources.