



OPEN DOOR

June 2018 Calendar of Events



Open Door provides a safe and comfortable place for peers with mental illness and co-occurring disorders to learn essential wellness and recovery skills. Drop-in to relax, socialize, meet new friends, learn new things, offer support, and feel free to be you.

Drop-in Hours:

Monday, Wednesday, & Friday 9am-5pm

Closed Tuesday, Thursday, Saturday and Sunday unless otherwise noted for special events, programs, & activities.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
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3	4 11:00 Walking Group	5	6 Zion Cov. Church Lunch Brigade Mental Health Discovery	7	8 11:00 Treat Day!	9
10	11 11:00 Walking Group	12	13 Zion Cov. Church Lunch Brigade	14	15 Mental Health Movie Day	16
17	18 11:00 Walking Group 11:30 Art Tonic	19	20 Zion Cov. Church Lunch Brigade	21	22 11:00 BINGO!!! Prizes available	23
24	25 11:00 Walking Group	26	27 Zion Cov. Church Lunch Brigade	28	29 Food Pantry Cooking Class	30

JOIN US!

- **Mental Health Discovery:** Each Month a New Topic Will Be Highlighted Throughout the Month Beginning with a Handout Attached to the Bagged Lunches. Discussion on the handout is encouraged! This month's Topic-Autism Spectrum Disorder
- **Walking Group-** Meet at Open Door to take a 30 Minute Walk (weather permitting)! Each time you participate you're entered in a drawing for a prize at the end of the month. See flyer for more info!
- **Mental Health Movie Day:** Join us for popcorn and popular movies that reflect mental health topics or promote mental health wellness.
- **Zion Cov. Church Lunch Brigade:** Bag lunch Wednesdays at 11:00 am. First come, first serve. THANK YOU ZION CHURCH!!!!
- **Treat Day:** Join us the 2nd Friday of Each Month for a Special Treat to celebrate this month's birthdays/celebrations!
- **ART TONIC:** Arts & Crafts to Help Invigorate Body & Mind! Craft will be available to make for rest of month based on supplies available

Open Door
 817 N. 8th Street
 Sheboygan WI 53081
 (920) 783-6801
**Entrance off the alley way*