



# OPEN DOOR

## January 2018 Calendar of Events



Open Door provides a safe and comfortable place for peers with mental illness and co-occurring disorders to learn essential wellness and recovery skills. Drop-in to relax, socialize, meet new friends, learn new things, offer support, and feel free to be you.

**Drop-in Hours:**

**Monday, Wednesday, & Friday 9am-5pm**

*Closed Tuesday, Thursday, Saturday and Sunday unless otherwise noted for special events, programs, & activities.*

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1	2	3 Zion Cov. Church Lunch Brigade	4	5 Mental Health Movie Day!	6
7	8 11:00 Wii Time	9	10 Zion Cov. Church Lunch Brigade 11:00 Mental Health Discovery	11	12 11:00 Treat Day!	13
14	15 11:00 Wii Time	16	17 Zion Cov. Church Lunch Brigade	18	19 11:00 BINGO!!! Prizes available	20
21	22 11:00 Wii Time 11:30am ART TONIC	23	24 Zion Cov. Church Lunch Brigade	25	26 POINT IN TIME Outreach Lunch 11:30	27
28	29 11:00 Wii Time	30	31 Zion Cov. Church Lunch Brigade			

**JOIN US!**

- Mental Health Discovery: Each Month a New Topic Will Be Highlighted Throughout the Month Beginning with a Handout Attached to the Bagged Lunches. Discussion on the handout is encouraged! This month's Topic-Problem Solving/Conflict Resolution
- Wii Time: Play Wii Sports at Open Door! Each time You Participate You're Entered in a Drawing for a Prize at the end of the month!
- Mental Health Movie Day: Join us for popcorn and popular movies that reflect mental health topics or promote mental health wellness.
- Zion Cov. Church Lunch Brigade: Bag lunch Wednesdays at 11:00 am. First come, first serve. THANK YOU ZION CHURCH!!!!
- Treat Day: Join us the 2<sup>nd</sup> Friday of Each Month for a Special Treat to celebrate this month's birthdays/celebrations!
- ART TONIC: Arts & Crafts to Help Invigorate Body & Mind! Craft will be available to make for rest of month based on supplies available

**Open Door**  
 817 N. 8<sup>th</sup> Street  
 Sheboygan WI 53081  
 (920) 783-6801  
*\*Entrance off the alley  
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