



OPEN DOOR

February 2018 Calendar of Events



Open Door provides a safe and comfortable place for peers with mental illness and co-occurring disorders to learn essential wellness and recovery skills. Drop-in to relax, socialize, meet new friends, learn new things, offer support, and feel free to be you.

Drop-in Hours:

Monday, Wednesday, & Friday 9am-5pm

Closed Tuesday, Thursday, Saturday and Sunday unless otherwise noted for special events, programs, & activities.

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	2 Mental Health Movie Day!	3
4	5 11:00 Wii Time	6	7 Zion Cov. Church Lunch Brigade 11:00 Mental Health Discovery	8	9 11:00 Treat Day!	10
11	12 11:00 Wii Time	13	14 Zion Cov. Church Lunch Brigade	15	16 11:00 BINGO!!! Prizes available	17
18	19 11:00 Wii Time <i>11:30am ART TONIC</i>	20	21 Zion Cov. Church Lunch Brigade	22	23 Food Pantry Cooking Class	24
25	26 11:00 Wii Time	27	28 Zion Cov. Church Lunch Brigade			

JOIN US!

- **Mental Health Discovery:** Each Month a New Topic Will Be Highlighted Throughout the Month Beginning with a Handout Attached to the Bagged Lunches. Discussion on the handout is encouraged! This month's Topic-Eating Disorders
- **Wii Time:** Play Wii Sports at Open Door! Each time You Participate You're Entered in a Drawing for a Prize at the end of the month!
- **Mental Health Movie Day:** Join us for popcorn and popular movies that reflect mental health topics or promote mental health wellness.
- **Zion Cov. Church Lunch Brigade:** Bag lunch Wednesdays at 11:00 am. First come, first serve. THANK YOU ZION CHURCH!!!!!!
- **Treat Day:** Join us the 2nd Friday of Each Month for a Special Treat to celebrate this month's birthdays/celebrations!
- **ART TONIC:** Arts & Crafts to Help Invigorate Body & Mind! Craft will be available to make for rest of month based on supplies available

Open Door
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**Entrance off the alley*
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